

**Healthy Eating for Healthy Ageing in Rural Tasmania Project**

- 1 Is food important to you? Yes ..... 1  
No ..... 2  
If yes why, if no why not? \_\_\_\_\_  
\_\_\_\_\_
- 2 What are some of your favourite foods? \_\_\_\_\_  
\_\_\_\_\_
- 3 Tell me about some of your most memorable eating experiences? \_\_\_\_\_  
\_\_\_\_\_
- 4 Why were they memorable? \_\_\_\_\_  
\_\_\_\_\_
- 5 Are there things from your past that are important to you in terms of food and eating? \_\_\_\_\_  
\_\_\_\_\_
- 6 In the last 6 months have you changed your eating patterns? If so, how? \_\_\_\_\_  
\_\_\_\_\_
- 7 What things affect the food you buy and eat? \_\_\_\_\_  
\_\_\_\_\_
- 8 What things make you enjoy your eating? \_\_\_\_\_  
\_\_\_\_\_
- 9 Are there some things that stop you enjoying your eating? \_\_\_\_\_  
\_\_\_\_\_
- 10 Tell me about the foods about \_\_\_\_\_

the types of foods you like to eat?

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11 Are these the types of foods you get from this service?

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12 How do you like your foods to be cooked?

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13 Are foods provided at the service cooked this way?

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14 How does eating at "INSERT SERVICE" compare with how you normally eat at home?

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15 Service Profile: I will read to you some general information about the service you use. At the end please tell me your thoughts about the statement. INSERT PROFILE

Comments: \_\_\_\_\_

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16 Why do you use the service?

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17 How do you get to the service (remove for MOW)?

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18 What do you like about the service?

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19 Is there anything you don't like about the service?

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20 What could be done to improve the service?

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21 Do you have any other thoughts about the service?

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22 Would you recommend the service to a person in similar circumstances to you?

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23 Any additional comments?

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**Healthy Eating for Healthy Ageing in Rural Tasmania Project**

- 1 What is your role within the service? \_\_\_\_\_  
\_\_\_\_\_
- 2 How long have you been involved as a volunteer within this service? \_\_\_\_\_  
\_\_\_\_\_
- 3 Are you involved in other volunteer type activities? \_\_\_\_\_  
\_\_\_\_\_
- 4 Why do you volunteer? \_\_\_\_\_  
\_\_\_\_\_

For the following questions please think about the people that use your service. We want to know your thoughts and perceptions about food and eating and older people.

- 5 Tell me about the sorts of people that use this service? \_\_\_\_\_  
\_\_\_\_\_
- 6 What do you think clients expect from the service? \_\_\_\_\_  
\_\_\_\_\_
- 7 Do clients seem to enjoy their meals? \_\_\_\_\_  
\_\_\_\_\_
- 8 What do you think are the client's needs?
  - What do they like to eat? \_\_\_\_\_  
\_\_\_\_\_
  - How do they like their food cooked? \_\_\_\_\_  
\_\_\_\_\_
  - Does the service meet their expectations? \_\_\_\_\_  
\_\_\_\_\_

9 Service Profile: I will read to you some general information about the service. At the end please tell me your thoughts about the statement.

INSERT PROFILE

Comments: \_\_\_\_\_

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10 Why do you think older people use the service?

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11 What is good about the service?

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12 What is not so good about the service?

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13 What, if anything needs changing to improve the service?

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14 Do you have any other thoughts about the service?

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15 Any additional comments?

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**Healthy Eating for Healthy Ageing in Rural Tasmania Project**

- 1 What is your role within the service? \_\_\_\_\_  
\_\_\_\_\_
- 2 How long have you worked with this service? \_\_\_\_\_  
\_\_\_\_\_
- 3 What made you choose to work with this service? \_\_\_\_\_  
\_\_\_\_\_
- 4 Tell me about the service?
  - How is it funded? \_\_\_\_\_  
\_\_\_\_\_
  - How many clients? \_\_\_\_\_  
\_\_\_\_\_
  - Hours of operation? \_\_\_\_\_  
\_\_\_\_\_
  - Days per week meals are provided? \_\_\_\_\_  
\_\_\_\_\_
  - Types of meals provided? \_\_\_\_\_  
\_\_\_\_\_
  - Other services/activities provided? \_\_\_\_\_  
\_\_\_\_\_
- 5 What is special about your service or what makes it different? \_\_\_\_\_  
\_\_\_\_\_
- 6 Do you think that being in a rural location carries its own issues? \_\_\_\_\_  
\_\_\_\_\_

For the following questions please think about the people that use your service. We want to know your thoughts and perceptions about food and eating and older people.

- 7 Tell me about the sorts of people that use this service? \_\_\_\_\_  
\_\_\_\_\_  
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- 8 What do you think clients expect from the service? \_\_\_\_\_  
\_\_\_\_\_
- 9 Do clients seem to enjoy their meals? \_\_\_\_\_  
\_\_\_\_\_
- 10 What do you think are the client's needs?  
    ▪ What do they like to eat? \_\_\_\_\_  
    ▪ How do they like their food cooked? \_\_\_\_\_  
    ▪ Does the service meet their expectations? \_\_\_\_\_
- 11 Service Profile: I will read to you some general information about the service. At the end please tell me your thoughts about the statement.  
INSERT PROFILE  
Comments: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- 12 Why do you think older people use the service? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- 13 What is good about the service? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- 14 What is not so good about the HACC Report Appendix 4 \_\_\_\_\_  
\_\_\_\_\_

service?

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15 What, if anything needs changing to improve the service?

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16 Do you have any other thoughts about the service?

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17 Any additional comments?

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\_\_\_\_\_
- 2 How long have you worked with this service? \_\_\_\_\_  
\_\_\_\_\_
- 3 What made you choose to work with this service? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- 4 Do you enjoy working with older people? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- 5 What made you choose to work with older people? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- 6 Are you involved with any other services for older people? \_\_\_\_\_  
\_\_\_\_\_

For the following questions please think about the people that use your service. We want to know your thoughts and perceptions about food and eating and older people.

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- 10 What do you think are the client's needs? \_\_\_\_\_  
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- What do they like to eat? \_\_\_\_\_  
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- 13 What is good about the service? \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_
- 14 What is not so good about the service? \_\_\_\_\_  
 \_\_\_\_\_  
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- 15 What, if anything needs changing to improve the service? \_\_\_\_\_  
 \_\_\_\_\_
- 16 Do you have any other thoughts about the service? \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_
- 17 Any additional comments? \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_